



# Huntley C of E Primary School

## Relationships and Health Education

(Inc: PSHE: Citizenship and Financial Capability)

### **School Vision**

Nurtured individuals, learning together with God's love, to live life to the full.

### **Core Values**

Respect, Perseverance and Courage.

### **Living Values**

Creativity, Wisdom, Compassion, Truthfulness, Generosity, Responsibility, Friendship, service, Justice, Peace, Thankfulness, Forgiveness.

## **Intent**

R.H.E (Relationships and Health Education) offers learning opportunities and experiences that enable children to grow and develop as individuals and as valuable members of families and communities. The R.H.E programme alongside our school values, helps children to empathise with others, develop healthy relationships, promote positive self-esteem and support their emotional and physical well-being. The value of respect underpins everything allowing children to accept values, cultures and life choices different to their own.

We want the children at Huntley to gain the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, fulfilled, capable and responsible lives. We want to ensure that they have the necessary knowledge about drugs, alcohol, healthy diet, sleep and other areas to help them begin to make healthy life choices now and in the future.

The children are encouraged to explore and communicate their ideas helping them to develop their own voice and express their own individuality.

We want to inspire our children to be enterprising and to support them in making effective transitions, positive learning and career choices and in managing their finances effectively. It gives children and young people the skills to reflect on and analyse their own values and equips them to face difficult and sometimes conflicting attitudes they may face in the future.

## **Implementation**

The statutory guidance released in September 2019 is used to inform our planning and objectives are taken from the Gloucestershire PINK (people in the Know) Safeguarding Curriculum. At Huntley, R.H.E is taught predominately in mixed age groups (EYFS, KS1, LKS2 and UKS2) rather than our usual class setup. This ensures good coverage of topics and means that the children are able to access knowledge and understanding at an appropriate depth and that there is clear progression of knowledge and skills across the school. As a result of mixed age learning, R.H.E content is taught on a two-year rolling programme unless the topic is not deemed age appropriate.

Alongside theoretical and practical lessons in the classroom, we use a range of visitors and outside agencies to support learning such as the School beat officer, the National Society for the Prevention of Cruelty to Children. NSPCC and Gloucestershire Healthy Living and learning (GHLL) . In addition when appropriate, school visits are organised.

We follow our RSE policy which has been developed in accordance with national and county guidance. There has been pupil and parental involvement in the development of this curriculum. Age appropriate lessons are delivered on a two year rolling programme from Reception up to Year Six and links are made to the Science, PE and DT curriculum where appropriate.

All children will gain basic first aid skills through St John's at a level appropriate for their age.

The school has an age appropriate, scheme of work for the delivery of our drugs and alcohol education, again from the Gloucestershire safeguarding curriculum. This is also delivered on a two year cycle.

### **Impact**

- Our children have the necessary knowledge about drugs, alcohol, healthy diet, sleep and other areas to help them begin to make healthy life choices now and in the future.
- Children have the skills, knowledge and understanding to develop healthy, fulfilling relationships
- They all have a basic understanding of First Aid
- They have the skills and knowledge to become successful citizens in the future and to contribute fully to their communities, confidently communicating their ideas and options.
- They understand the importance of respecting individuals regardless of whether their culture, opinions and life choices are the same as theirs or not.